

*Better Families Through Tae Kwon Do*  
6723 S.W. 81<sup>st</sup> Street Miami, FL. 33143 (305) 663-1882

[WWW.BETTERFAMILIES.COM](http://WWW.BETTERFAMILIES.COM)

Time	<i>Monday</i> <b>A day</b>	Time	<i>Tuesday</i> <b>A day</b>	Time	<i>Wednesday</i> <b>B day</b>	Time	<i>Thursday</i> <b>B day</b>	Time	<i>Friday</i>	Time	<i>Saturday</i>
3:25 To 3:45	Tiny Dragons	3:25 to 3:55	Little Dragons <b>Mighty Dragons</b>	3:25 To 3:45	Tiny Dragons	3:25 to 3:55	Little Dragons <b>Mighty Dragons</b>			9:00 to 10:00	Master's Training
3:45 to 4:15	Little Dragons <b>Mighty Dragons</b>	3:55 to 4:35	Basic Training BBTC1	3:45 to 4:15	Little Dragons <b>Mighty Dragons</b>	3:55 to 4:35	Basic Training BBTC1			10:00 to 10:45	Basic Training & BBTC 1
4:15 to 4:55	Basic Training BBTC1	4:35 to 5:15	BBTC 2	4:15 to 4:55	Basic Training BBTC1	4:35 to 5:15	BBTC 2	6:00 To 7:00	Black Belt Club Weapons Training	10:45 to 11:30	BBTC 2 & 3
4:55 to 5:35	BBTC 2	5:15 to 5:35	Tiny Dragons	4:55 to 5:35	BBTC 2	5:15 to 5:35	Tiny Dragons			11:30 To 1:30	Competition Team + Sparring @ 1pm
5:35 to 6:15	BBTC 3	5:35 to 6:15	Basic Training BBTC 1	5:35 to 6:15	BBTC 3	5:35 to 6:15	Basic Training BBTC 1			2:00	Private Birthday Parties
6:15 to 6:55	Basic Training BBTC1	6:15 to 6:45	Little Dragons <b>Mighty Dragons</b>	6:15 to 6:55	Basic Training BBTC1	6:15 to 6:45	Little Dragons <b>Mighty Dragons</b>				
6:55 to 7:35	BBTC 2	6:45 to 7:25	BBTC 3 Master's Training	6:55 to 7:35	BBTC 2	6:45 to 7:25	BBTC 3 Master's Training				
7:35 to 8:25	Master's Training/ BBTC 3	7:25 to 8:05	Basic Training BBTC1&2	7:35 to 8:25	Master's Training/ BBTC 3	7:25 to 8:05	Basic Training BBTC1&2				

**Basic Training:** White Basic Training Program

**BBTC 1:** Gold, Orange

**BBTC 2:** Green, Purple, and Blue

**BBTC3:** Red, Brown & Sr. Brown

**MT:** Master Training

**"A" Days:** Full Training

**"B" Days:** Sparring Day/Full Sparring Equipment

**Complete uniform required on A & B days**