

Better Families Through Tae Kwon Do
5754 Bird Road, Miami, Fl. 33155 (305) 663-1882

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Time	<i>Monday</i> A	Time	<i>Tuesday</i> A
3:25 To 3:45	Tiny Dragons	3:15 to 3:45	Little Dragons
3:45 to 4:15	Little Dragons	3:45 to 4:25	BBTC 1 & Mighty Dragons
4:15 to 4:55	Basic Training	4:25 to 5:05	BBTC 2
4:55 to 5:35	BBTC 1 & Mighty Dragons	5:05 to 5:25	Tiny Dragons
5:35 to 6:15	BBTC 2	5:35 to 6:15	Basic Training
6:15 to 6:55	Basic Training & BBTC 3	6:15 to 6:55	BBTC 1 & Mighty Dragons
6:55 to 7:35	BBTC 1 & Mighty Dragons	6:55 to 7:25	Little Dragons
7:35 to 8:25	Master's Training	7:25 to 8:05	Basic Training & BBTC 3
8:05 to 8:45	BBTC 2	8:05 to 8:45	BBTC 2

Time	<i>Wednesday</i> B	Time	<i>Thursday</i> B
3:25 To 3:45	Tiny Dragons	3:15 to 3:45	Little Dragons
3:45 to 4:15	Little Dragons	3:45 to 4:25	BBTC 1 & Mighty Dragons
4:15 to 4:55	Basic Training	4:25 to 5:05	BBTC 2
4:55 to 5:35	BBTC 1 & Mighty Dragons	5:05 to 5:25	Tiny Dragons
5:35 to 6:15	BBTC 2	5:35 to 6:15	Basic Training
6:15 to 6:55	Basic Training & BBTC 3	6:15 to 6:55	BBTC 1 & Mighty Dragons
6:55 to 7:35	BBTC 1 & Mighty Dragons	6:55 to 7:25	Little Dragons
7:35 to 8:25	Master's Training	7:25 to 8:05	Basic Training & BBTC 3
8:05 to 8:45	BBTC 2	8:05 to 8:45	BBTC 2
8:30 to 9:30	Self Defense Adults Only		

Time	<i>Friday</i>	Time	<i>Saturday</i>
3:30 to 5:50	Stripe Support	9:00 to 9:45	Master's Training
5:50 to 6:30	Master's Training	10:00 to 10:45	Basic Training & BBTC 1
7:00 to 8:00	Future Leadership Program	10:45 to 11:30	BBTC 2 & 3
		11:30 To 1:00	Comp & Demo Team Training
		1:30	Private Birthday Parties

Basic Training: White and Gold in
Basic Training Program
BBTC 1: Gold, Orange, and Green in
Black Belt Training Course
BBTC 2: Purple, Blue, and Red in
Black Belt Training Course
BBTC/ MTC 3: Brown & Sr. Brown
in Black Belt Training Course/Masters
Training Course

"A" Days: Full training; wear complete uniform
and bring sparring equipment
"B" Days: Sparring day; must have gear on when
entering class